



THE NOVA SCOTIA

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NOVA SCOTIA SEA SCHOOL COVID-19 LEAD CREW PROGRAM POLICY AND WAIVER

****PLEASE READ CAREFULLY****

The Nova Scotia Sea School's (NSSS) Lead Crew Camp will take place in various outdoor locations (designated parks on public transportation routes) within Halifax Regional Municipality and in Lunenburg at 174 Bluenose Dr. Participation will be limited to 8 youth and 3 NSSS staff members, and a maximum group gathering of 15 individuals at any one time. The program is designed to be low risk, taking place in outdoor settings that encourage social distancing and ventilation. At times during the program we will be interacting with the general public, using public washroom facilities and entering indoor spaces where non-medical masks will be mandatory. An itinerary will be provided to participants and their parents / guardians for reference.

Parents / Guardians and participants are required to review and sign the following COVID-19 Lead Crew Camp Policy, as well as the Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19 prior to participation in the Lead Crew camp. If there are any concerns, please do not hesitate to reach out. Your safety and that of your families and community is our top priority.

COVID-19 LEAD CREW CAMP POLICY

COVID-19 Daily Screening

Participants and staff will be screened daily for COVID-19 symptoms upon arrival utilizing a screening checklist that should be signed by a parent / guardian or personally if the participant is 19 or older.

Students & NSSS Staff must stay home if:

- o They are sick or symptomatic.
- o They travelled outside of Nova Scotia in the previous 14 days.
- o They are a close contact of a confirmed case of COVID-19.
- o They are awaiting a COVID-19 test result.
- o They have been told by Public Health that they may have been exposed and need to self isolate.

Some individuals are considered at higher risk of severe illness with COVID-19 (including those over 65 and those with compromised immune systems or underlying medical conditions) and that parents, guardians are encouraged to consult their health care provider if they have concerns about their own health, their child's health, or the health of other household contacts.

Hygiene

NSSS Staff will provide hand sanitizer and disinfectant and the group will routinely sanitize before and after activities where contact / contamination is anticipated. Participants must also bring their own small bottle of hand sanitizer to regulate their own hygiene. Participants are expected to ensure they do not share personal items (e.g hats, lip chap, water bottles, food etc)

Participants are encouraged to take personal responsibility for their hand and respiratory hygiene by avoiding touching their face, coughing / sneezing into sleeve, sanitizing when necessary and practicing good hygiene between program days.

Food

Participants are asked to bring their own lunches to minimize cross contamination. NSSS will provide pre packaged / prepared snacks and water and extras as needed. Participants should have a waste disposal plan for food leftovers and wrappers to be contained and brought home after each program day. (ie. a sealable lunch bag / ziploc bag)

Washroom Use

Each program location has identified public washroom areas and / or we will practice no trace wilderness bathroom techniques. Each participant should bring their own toilet paper roll and hand sanitizer for backcountry activities and have a waste disposal sealed container / ziploc for personal bathroom items such as tampons/ pads. Participants will have access to group sanitization materials for use in public washrooms.

Transportation

There are program activities that may involve the use of public transportation by ferry on Day 3 and private transportation on a boat for our trip to McNabs Island on Day 5. Participants may also be accessing programs by way of metro bus transit and or carpooling. In all cases, participants are encouraged to wear non-medical masks during transport, practice good hygiene, and maintain social distancing where possible.

Social Distancing

The Lead crew camp is designed to encourage social distancing between participants in spacious outdoor locations. At times, participants may be working together in small groups or pairs where social distancing is not always possible. In these circumstances, participants and NSSS Staff will wear non-medical masks during interactions.

Participants and NSSS staff are encouraged to take personal responsibility for maintaining social distance during the program.

Non- Medical Masks

Participants must carry a clean, non-medical mask on their person during the program. The mask should meet guidelines as suggested by NS public health. The mask should be stored in a ziploc bag and it is encouraged that masks are replaced (have a spare) / cleaned frequently if used heavily during program days.

Visitors / Volunteers

Visitors and Volunteers will be limited and all visitors are monitored for symptoms identified on the 811 website, and confirm that they have no symptoms, and have not been required to self isolate, before entering the day camp setting.

COVID- 19 Symptoms and COVID 19 Positive Response Plan

Participants or staff who show signs of COVID 19 symptoms during programs will be immediately isolated from the group and NSSS Staff will make arrangements to be sent home until symptoms pass. All participants and staff are encouraged to contact 811 to report their symptoms, follow NS Public Health guidelines and update NSSS administration on an ongoing basis.

If there is a reported positive COVID 19 participant or staff and or their relations DURING the program, the NSSS administration will determine next steps, including program cancellation or program postponement and prompt follow up communication with all participants, staff and volunteers. Decisions will be made in consultation with NS Public Health.

CONT'D... : COVID 19 Positive Response Plan

If there is a reported positive COVID 19 participant or staff and or their relations in the 2 weeks AFTER the program, NSSS requests that this information be communicated to the NSSS Administration and shared with the entire group as per the NS Public Health Guidelines.

COVID-19 Policy Review, Student and Parent / Guardian Signatures

As a participant, I _____ have reviewed the COVID Policies for Lead Crew camp and understand the measures NSSS have taken to prevent the transmission of COVID 19 and my personal responsibility in adhering to those measures during and after the program.

Signature of Participant ***Date***

As the parent / guardian of _____ , I _____ have reviewed the COVID policies for Lead Crew camp and understand the measures NSSS have taken to prevent the transmission of COVID-19 and our responsibility in adhering to those measures during and after the program.

Signature of Parent / Guardian ***Date***